



FULLERTON
SCHOOL
DISTRICT

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School District.*

Comprehensive Sexual Health Education in Fullerton School District

Great Schools
Successful Kids

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Agenda

- General Information
- California Healthy Youth Act/CHYA/ AB329 or Comprehensive Sexual Health Education (CSHE)
- FSD Curriculum





Partnership with Parents & Guardians



Information

Skills



Values

Support





When parents and youth have good communication along with appropriate firmness, studies have shown youth report older age of first intercourse and lower frequency of sex during adolescence than their peers.

Manlove, J., Fish, H. & Moore, K.A. (2015). Programs to improve adolescent sexual and reproductive health in the US: a review of evidence. *Adolescent Health, Medicine and Therapeutics* 6: 47-79. doi:10.2147/AHMT.S48054



How Do I Become an Askable Adult?



CONFIRM
"Did that answer your question?"

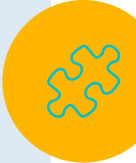
ENCOURAGE
"I'm glad you asked me that"

ANSWER
as best you can or say "I'm not sure, let's look that up together"

DETERMINE
the type of question - facts, values, or "am I normal" questions

AVOID
Assumptions or use judgements. Use your poker face!

ENCOURAGE!
"I always want you to come to me in the future whenever you have questions"



Parental Opt Out

- a. Opt out of entire sexual health curriculum
- b. Opt out of parts of sexual health curriculum
- c. CANNOT opt out of only gender identity and sexual orientation

When is CHSE taught to our 7th graders?



Beechwood

Fisler

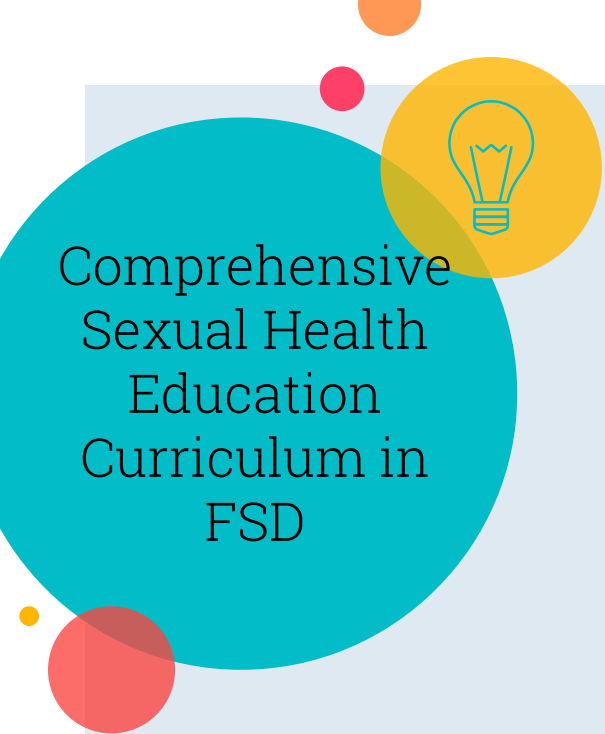
Ladera Vista

Check with your child's school.

Nicolas

Parks





Comprehensive Sexual Health Education Curriculum in FSD

The comprehensive sexual health education curriculum is a mix of old and new materials. We use the following programs to support classroom instruction:

Holt's *Risks of Sexual Activity*

Health Connected's *Teen Talk*

McGraw-Hill's *Human Reproduction* (video)

Other materials based on curriculum from prior years



Communication with families

- a. Parents informed more than once and through multiple platforms
- b. Meeting with parents to preview curriculum and materials before teaching
- c. Contact junior high office or trang_lai@myfsd.org to set up time to view materials

What if I disagree with the curriculum?

- a. When in doubt, opt out
- b. Contact your legislator

Assemblywoman Sharon
Quirk-Silva
State Capitol Room #6012
Sacramento, CA 94249
Mailing: PO Box 6256
Buena Park, CA 90622
714-521-6505

Senator Ling Ling Chang
State Capitol Room #4062
Sacramento, CA 95814
Local: 1800 E. Lambert, Suite 150
Brea, CA 92821
714-671-9474

The slide features a teal background with a large white circle in the center. The text is centered within this circle. Surrounding the circle are several colorful circles (yellow, red, orange, pink) containing icons: a puzzle piece, a lightbulb, and a thumbs-up. There are also several small white and yellow dots scattered around the central circle.

California Healthy Youth Act

AB 329

Comprehensive Sexual
Health Education



What is CHYA?

- January 2016
 - Integrated, comprehensive, accurate, and unbiased comprehensive sexual health and HIV prevention
 - Understand sexuality as a part of human development.
 - Increased comprehensive sexual health education to 12-15 hours per year
- 
- 



Students develop knowledge and skills necessary to...


- **Protect their sexual and reproductive health from HIV/STIs and unintended pregnancy**
- Develop healthy attitudes concerning adolescent growth and development, body image, gender, sexual orientation, relationships, and family
- Have healthy, positive, and safe relationships and behaviors



Research on Comprehensive Sexual Health Education

- Students who receive CSHE are NOT more likely to become sexually active, increase sexual activity, or experience negative sexual health outcomes
- Shown to delay the onset of first sexual experience
- Decrease the incidence of unprotected sexual activity
- Lowered STI and pregnancy rates







Research on Teen Sexual Health Statistics

- Each year in the US, 750,000 teens become pregnant.
 - 82% are unintended.
- Young people aged 15-24 account for:
 - 25% of all new HIV infections in the US
 - 50% of the 19 million + new STI infections each year

Bridges, E. & Hauser, D. (2014, May). Youth health and rights in sex education. Retrieved February 22, 2017, from <http://www.futureofsexed.org/youthhealthrights.html>







Response to CHYA in FSD

- Revised Parent Letter
 - English, Korean, Spanish
- Revised Board Policy and Administrative Regulations
- Formed CHYA Advisory Committee
- Created Comprehensive Sexual Health Education Frequently Asked Questions (FAQ)
- CHYA Parent Advisory Committee December 2018



A white lightbulb icon inside a yellow circle, located in the top-left corner of the slide.

CHYA Advisory Committee

- Attended meetings at OCDE
 - Met 5 times between 2016-2017
 - Reviewed ASHWG Curriculum Guidelines
 - 7th Grade - Traditionally Taught Sexual Health Education in FSD
 - Piloted TeenTalk-Spring 2017
 - Trained Sexual Health Teachers Fall 2017
- 
- A yellow puzzle pieces icon inside a pink circle, located in the bottom-right corner of the slide.
- 
- A white thumbs up icon inside an orange circle, located in the bottom-right corner of the slide.

Teen Talk Compliance and Medical Review



Aligned with

- California Education Code (51930-51939)
- California Health Content Standards
- National Sexuality Education Standards

Reviewed by

- Palo Alto Medical Foundation
- California Healthy Kids Resource Center
- Adolescent Sexual Health Work Group

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Based on information provided by professional organizations

- Centers for Disease Control and Prevention
- American Public Health Association
- American Academy of Pediatrics
- American College of Obstetricians and Gynecologists



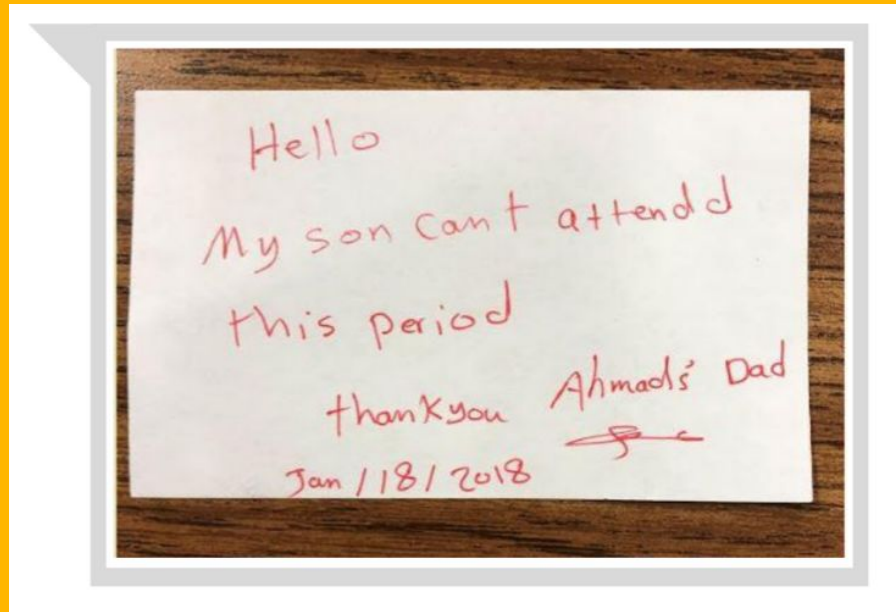


Preview Nights

- Parent notification should be at the beginning of the school year
- Parent notification should be at least two times through phone blasts, notes, emails, or texts
- Parent must be notified when/where written/audiovisual materials can be reviewed. Parents may not copy copyrighted materials.
- Passive consent: Parents may opt student out by notifying the school in writing
- Parents have the right to excuse their child from the entire unit, or parts, but NOT JUST gender identity/sexual orientation (Lesson 3)



Parents/ Guardians Must Opt-Out in Writing





TeenTalk Goals

- Increase knowledge and decision-making capacity when it comes to methods of STI and pregnancy prevention
- Increase knowledge about accessing clinical services
- Increase knowledge and communication skills about sexual safety and consent
- Increase skills to communicate with peers, partners, and trusted adults







TeenTalk Curriculum Overview

- Reduce misinformation and myths
- Increase comfort communicating with parents and other trusted adults
- Teach understanding and respect
- Increase refusal and negotiation skills
- Clarify personal values
- Increase self-efficacy to engage in protective behaviors



The curriculum is NOT designed to...

- Encourage the adoption of specific values regarding sexuality
 - Contradict family-held religious, cultural, or ethical values regarding sexuality
 - Serve as a platform for the values held by the teacher
- 
- 



Thanks!

Any questions?

You can find me at @trang_lai@myfsd.org.



Credits

Special thanks to all the people who made and released these awesome resources for free:

- Presentation template by [SlidesCarnival](#)
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