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Important Health Message To the Fullerton School District Community

Dear Fullerton School District Parents and Community,

Cold and flu season is upon us. The links below provide information and resources to stay healthy during cold and flu season as well as the 2019 novel coronavirus. Student health is one of our highest priorities and school nurses are working collaboratively to follow protective measures as outlined by Orange County Health Care Agency (OCHCA) and California Center for Disease Control (CDC). It is important to note, the OCHCA is stating that the risk to schoolchildren in Orange County is minimal, and the CDC says that Americans are generally at low risk of contacting the 2019 novel coronavirus. At this time, it is recommended to follow preventative measures to stay healthy.

Preventative Measures to Stay Healthy:

- Avoid close contact with sick people.
- Frequent hand washing with soap.
- Stay at home if you are experiencing flu-like symptoms.
- Individuals with chronic health issues and/or individuals experiencing severe symptoms should be evaluated by a medical professional.

As public guidelines and recommendations from Public Health change or are updated, we will continue to share them with the community. Please click on the following links for more resources or up to date information regarding the coronavirus.

[Flu Prevention Tips](#): Orange County Department of Education newsroom information:
[OCDE Newsroom Updates on the coronavirus](#).

[Frequently Asked Questions \(FAQ\)](#): Orange County Public Health Agency
[Center for Disease Control](#)

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