

Need help?

Call 2-1-1

We can help with:

Veteran's Needs

Food/CalFresh

Rent Assistance

Utility Bills

Medical Needs

Senior Care

Mental Health

Substance Abuse

Job Resources

Family Support

Shelter

Domestic Violence

Legal Assistance

And More...



By simply dialing 2-1-1 you can talk to a Referral Specialist who will connect you to nonprofits and government agencies that can help you.

This is a free service; we've been helping people since 1984.

Dial 2-1-1 (Toll Free) or 888-600-4357

Text your zip code to 898211

**Or visit our website
www.211OC.org**

